

The CMU Department of Counseling & Special Education, Mu Kappa Chapter of Chi Sigma Iota, & The Michigan Counseling Association present

Basic Motivational Interviewing Training

Friday & Saturday, February 2-3
8:30am - 4:30pm*

Education & Human Services
Bldg. Room #309
195 Ojibway Court,
Mt. Pleasant, MI 48859

\$40 - CSI Member **\$60- Current
Intern Supervisor**
\$50 - Current Student **\$80 - Professionals**

Registration is limited to **40 people** and is available on a first-come, first-served basis.

Registration is due Friday January 26, 2018, @ 5pm

To register, please click here to complete the online form or at https://docs.google.com/forms/d/e/1FAIpQLSc_gQr5Ewbq3gU-I9qHmBvXjM4eOWkVvVf0lF0eyg5E6p0qdA/viewform?usp=sf_link



Please make checks payable to
"Mu Kappa Chapter of CSI"
Send payment to Attn: Allison Arnekrans,
CMU, EHS 321, 195 Ojibway Ct., Mt.
Pleasant, MI 48859



* 1-hour lunch break and 2 x 15-minute breaks

Presenter & Credentials

Jan Wells, MA, LLP, CAADC, ADS, and
Member of MINT - Motivational
Interviewing Network of Trainers
License #6301007994
CAADC #C-01813
ADS #9976

Course Information

This is a basic, 2-day introduction to motivational interviewing (MI). Participants will receive brief training on the science of behavior change, contrasting the strength-based approach of motivational interviewing with deficit-based models. This course will include learning multiple skills required for practical application of MI. This training will include lecture, video examples, modeling by the instructor, and participation by attendees in break out activities intended to improve MI/strength-based skills to effect behavior change in actual dialogue across specialities. Break out activities will include the opportunity for the participants to experience the techniques as a practitioner, recipient, and observer/coach/coder, with follow-up discussions, as a means to deepen understanding of the method and skills for engaging and strengthening motivation of people toward change.